

NATIONAL
SUICIDE
PREVENTION
LIFELINE
1-800-273-TALK (8255)
suicidepreventionlifeline.org

**QUICK
DIAL**

988
**SUICIDE
& CRISIS
LIFELINE**

988
Suicide & Crisis Lifeline

1

2
ABC

3
DEF

5
JKL

6
MNO

9
WXYZ

0